



PennState Health

Congratulations on your pregnancy!

FOR OFFICE USE ONLY

MRN:

FIN:

CONF MAILED:

Learning about your pregnancy, birth and early parenting is vital to the health of you and your baby. The Childbirth Education program offers many learning opportunities. **Please see the schedule for class dates.** Be sure to enroll early, classes do fill quickly (you are encouraged to begin classes at 28-30 weeks). If you have questions, please call 717-531-6981.

To register, complete this form and return to clinic. Mail to:

Childbirth and Parenthood Program

Obstetrics and Gynecology, HS01

Hershey Medical Center

P.O Box 850

Hershey, PA 17033

***Classes will be billed to your insurance upon completion of the session; any non-covered services will then be billed to you.**

Please see website or handout for information regarding cost.

| | | | |
|----------------------|-------------|--------------------|-----------------|
| Last Name: | First Name: | Date of Birth: | Partner's Name: |
| Address: | | | |
| Best Contact Number: | | Alternative Phone: | |
| Due Date: | | | |

PLEASE LIST 3 DATES FOR EACH CLASS YOU WOULD LIKE TO ENROLL IN

| PREPARED CHILDBIRTH CLASS | | | |
|---|-----------------------------------|-----------------------------------|-----------------------------------|
| This is the class all about labor and birth. Choose a one-day class OR the 3-week course | | | |
| Class | 1st Date Choice | 2nd Date Choice | 3rd Date Choice |
| Prepared Childbirth One Day Saturday Class | | | |
| Prepared Childbirth Wednesday Series (3-week course) | | | |

| PARENTING CLASSES | | | |
|---|-----------------------------------|-----------------------------------|-----------------------------------|
| These are specialty classes you take as you wait for your baby's arrival. Learn about feeding, safety and care of your infant | | | |
| Class | 1st Date Choice | 2nd Date Choice | 3rd Date Choice |
| Breast Feeding Basics | | | |
| Infant CPR and Safety | | | |
| Infant Care | | | |

PLEASE SEE OTHER SIDE FOR MORE CLASSES

SPECIALTIES COMBINATION CLASS

This is a full day class combining infant CPR & Safety, Infant Care & Breast feeding

| Class | 1 st Date Choice | 2 nd Date Choice | 3 rd Date Choice |
|-------------------------------|-----------------------------|-----------------------------|-----------------------------|
| Specialties Combination class | | | |

PREPARING YOUR OTHER CHILDREN

Prepare a big sister or brother for a new role

| Class | 1 st Date Choice | 2 nd Date Choice | 3 rd Date Choice |
|---------------|-----------------------------|-----------------------------|-----------------------------|
| Sibling Class | | | |

Children's Names/Ages:

E-LEARNING CLASSES

***Classes are paid for prior to the registration for the class. You will be contacted for payment and then you will receive an email with your registration link.**

UPON COMPLETION OF E CLASS, PRINT CERTIFICATE AND SUBMIT TO INSURANCE FOR REIMBURSEMENT

| | |
|--|----------------|
| Understanding Birth eClass - \$70 | Email Address: |
| Understanding Breastfeeding eClass - \$45 | Email Address: |
| Understanding Cesarean Birth eClass- \$70 | Email Address: |
| Understanding Your Multiples eClass- \$70 | Email Address: |
| Understanding Sibling Preparation eClass- \$35 | Email address: |

You will receive a confirmation letter for each class in which you are enrolled.